



# Hidayatullah National Law University

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## PRESS RELEASE

### International Women's Day Celebration

The Legal and Social Services Committee (LSSC) commemorated the International Women's Day by a mix of on-field and off-field activities on the theme "Menstrual Health and Hygiene". It could happen due to the constant motivation of Hon'ble Vice Chancellor Prof. (Dr.) V.C. Vivekanandan and the guidance of Dr. Balwinder Kaur, Faculty Coordinator, LSSC, HNLU.

As a part of on field activity the committee organised an awareness camp in Ruabandha Basti of Bhilai on Menstrual Health and Hygiene. The committee members, Ms. Vibhuti Deshmukh (10<sup>th</sup> Semester) and Ms. Akanksha Das (4<sup>th</sup> Semester) anchored the awareness camp on behalf of the committee. They interacted with the women present at the occasion and learnt about the difficulties they face during menstruation. It was followed by a discussion with them about the safe practices to be followed. The members further engaged themselves in distribution of Sanitary Napkins to all of them in order to raise awareness for using the same. With this campaign the aim of the committee was to reach out to women and help them realise the importance of maintaining proper menstrual hygiene. As a part of off field activity, the committee invited videos and posters from the students of the University on International Women's Day which saw a participation from Sushmita Mandal, Supriya Bhatpahari, Varshunn Bhan, Nandini Tandon and Akanksha Das.

Appreciating the initiatives of the LSSC members on the occasion, Dr. Balwinder Kaur remarked, "It is indeed one of the most important days of the year to celebrate women's achievement, raise awareness and campaign for gender equality. HNLU is resolved to do its bit in its capacity in every possible way."



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